



## connecting across generations

Great conversations begin with good questions. Make your next gathering more memorable by sprinkling in some of our favorite questions from the Conversation Guide library.

### start with: the conversation agreements

- Be curious and listen to understand.
- Show respect and suspend judgment.
- Note any common ground as well as any differences.
- Be authentic and welcome that from others.
- Be purposeful and to the point.
- Own and guide the conversation.

*These questions cover a lot of ground. No pressure to get through all of them in one sitting. It might take multiple conversations. Choose as many or as few as whatever works for your time and setting*

- Do you remember life before we had mobile phones/tablets or a time when you were unplugged for an extended period? What did you most enjoy?
- What do you wish you could talk about more meaningfully? Who would you like to be a part of that conversation?
- What are your best experiences of being alone? Are there times when being alone has been difficult for you?
- How does the media impact you, your friends, and your family (including social media)?
- How have your behaviors shifted with family or friends this year? How does this inform your thinking about what is essential to you about your connections to people in your life?
- Grief expert David Kessler says that finding meaning in our pain can transform our experience and reduce our suffering. Has that been true for you? What happened?
- What helps you understand what someone else is experiencing or feeling? What gets in your way?
- Have you ever been stereotyped because of your age or some other factor? What was that like? How did you respond?
- What is your experience of forgiveness? What have you forgiven and why?
- How do you decide what news sources to trust? How has your trust in news sources changed? What news reporting practices or standards increase your belief that a news source is credible?

Want more guidance for connecting? Check out our Friends and Family Conversation Tips!  
[livingroomconversations.org/friends-and-family-guide/](https://livingroomconversations.org/friends-and-family-guide/)